

## ADVENT PARISH RETREAT FREQUENTLY ASKED QUESTIONS

### **What is the schedule?**

Plan to arrive in the late afternoon on Friday, September 16. We will depart after our 9:00 a.m. worship service Sunday morning, September 18. We will provide a more detailed schedule as the retreat approaches.

### **Who is the speaker?**

[Mark Upton](#) is a Pastor at [Hope Community Church](#) in Charlotte, North Carolina. He has participated in our [Lenten Lunch Series](#), and is a friend and mentor to Cameron Cole.

### **Will there be worship music?**

Yes, Wes Sharp will assemble musicians to lead worship.

### **Is there a minimum age to attend the retreat?**

This up to parents' discretion, but please consider you will be sharing a cabin. Please do not bring children who are not potty-trained and cannot sleep through the night.

### **Will there be childcare?**

All attendees (children included) will participate in Friday and Sunday worship. We plan to have an offering for kids, overseen by teen volunteers, during the morning session on Saturday. Plan to have your children with you most of the time (95% of the time).

### **Are meals included?**

Yes, the following meals will be provided: dinner on Friday; breakfast, lunch, and dinner on Saturday; breakfast on Sunday.

### **If I have a food allergy, will Alpine Camp make accommodations?**

Yes, please indicate any allergies on your registration form.

### **Can I come for just one night?**

Yes, however the registration fee will remain the same.

### **How will cabins be organized?**

There will be male cabins and female cabins. For families that attend, the males in one family will be together in same cabin, and the females in the family will be together in a separate cabin.

### **Can I have a cabin to myself?**

This is unlikely. Cabin assignments will depend on number of people.

### **Can I request what families or friends I would like to be with?**

Please indicate your requests on your registration form. We cannot guarantee that we will be able to accommodate all requests but will try our best.

### **Are bathrooms in the cabin?**

Some cabins have bathrooms in them, but most do not. Bring your flip-flops.

### **Are all activities included?**

Yes. Activities will include ropes course, zip lining, fishing, hiking, boulder barn, climbing tower, tennis, volleyball, and basketball.