

# **Cathedral Church of the Advent**

## CHILDREN, YOUTH, AND FAMILY

**Podcast Micro-Class** 

**Gospel Moments** 

## **Episode 1: Isolation**

#### <u>What?</u>

(1) What is the root of isolation?

(2) What are some different types of isolation that kids encounter? What are various consequences?

(3) How does social media contribute to isolation?

## So What?

(1) How does our understanding of Jesus affect the way we view ourselves?

(2) What does it mean for us to have a personal relationship with God? How does the Gospel impact feelings of isolation?

## Now What?

(1) How do parents prepare their kids to face isolation?

(2) How can kids be reminded of God's presence even when they don't "feel it?"

(3) What tools does the bible teach about relating to others?

## **Episode 2: Pressure**

#### <u>What?</u>

(1) Where do children experience the pressure to perform? How does this struggle manifest itself?

(2) What is the distinction between healthy and unhealthy pressure?

## So What?

(1) How does the Gospel relieve pressure from an "invisible audience?"

(2) What is the significance of God's sovereignty as it relates to our fear?

## Now What?

(1) How should parents respond when their kids share anxieties?

(2) What does it look like for parents to offer perspective on pressure?

(3) What are ways for kids to cast their cares on the Lord?

## Episode 3: Witnessing the Fall

## <u>What?</u>

(1) How do kids begin and continue to "witness the fall?"

- (2) What does scripture say about navigating a fallen world?
- (3) What hope does Jesus offer in these experiences?

## <u>So What?</u>

(1) Why is it important for parents to meet their kids where they are? Where do parents then point them?

(2) Why would it be helpful for parents to explain that they too are sinners saved by grace?

(3) Why should children understand the fallen state of the world?

## Now What?

(1) How can parents guide their kids in forming a narrative that allows for them to deal with hard realities?

(2) What are ways that parents can encourage their children to turn to the Bible and prayer in their grief?

## **Episode 4: Identity**

## <u>What?</u>

- (1) How does the world shape kids' identities?
- (2) What are some things that kids place their identity in?
- (3) How does the correlation between identity and failure influence children?

## So What?

- (1) What does it look like to define our identity on what God says (Ephesians 1 and 2)?
- (2) How does the Gospel challenge our idea of performance?
- (3) Why is it important to remind ourselves of this truth?

## Now What?

- (1) How can parents affirm this identity in Christ?
- (2) What are ways for kids to learn how to replace lies with God's truth?
- (3) Why should parents explain what identity is early on?

## Episode 5: Failure and Success

## <u>What?</u>

- (1) What is living under the law? What are the results when you succeed or fail?
- (2) What does the Bible say about living under the Gospel?

## So What?

- (1) What happens in the shame cycle? What happens in the self-righteous cycle?
- (2) How can the Gospel transform kids' ability to receive grace and show it to others?

## Now What?

(1) How do parents communicate the relationship between law and grace to their kids?

(2) How can parents begin to help their children frame failures and successes through the lens of the cross?

## Episode 6: Choices

## <u>What?</u>

(1) What struggles with choices exist in the elementary, junior high, and high school age?

(2) How has the increase of choices (i.e. technology brings) impacted kids?

(3) What does the story in 1 Kings reveal about how God responds to poor choices?

## So What?

(1) Why is it important to teach children about God's will?

(2) How do we remind children that they are to glorify God and about His grace/ sovereignty?

(3) How does a personal relationship with Jesus change the way we view/go about our choices?

## Now What?

(1) When faced with a choice, what is a wise course of action?

(2) How can we grow in trusting the Lord and his will for our lives?